



Could you do with a little bit of company? Are you seeing less of your friends and family? Are you experiencing changes to your memory or are you supporting someone living with memory changes or dementia?

The Good Company People is here for you

We start by getting to know you to find out about your life and understand what you want more of - from meeting new people, taking up a new hobby, accessing statutory support or finding purpose.

Good Company Clubs are inspired by our 'King of Clubs', The Thursday Murder Club author Richard Osman. Our Clubs are in pubs, cafes and sports clubs and based on members hobbies and interests. Check out our October timetable on the next page.

Could you give your time to help people in the High Weald stay social?

The Good Company People is becoming more and more popular... so we need to need to expand our team to help meet the needs of our increasing membership!

- Do you have a hobby you could share with others who need good company?
- Do you have a kind-core?
- Do you have a curious mind?

We'd love to meet you for a coffee so you can find out what's involved.

“
I love that what I do makes a real difference to our members' lives. That said, I get as much from them as they do from me.
”

“
I have met some of the nicest, kindest and fun people at Good Company, and really feel a valued member of an amazing team.
”

Who do we support?






We cover the High Weald and welcome older adults over 65

from:

Crowborough
Rotherfield, Mark Cross & Eridge
Mayfield & Five Ashes
Hartfield
Groombridge & Withyham
Wadhurst &
Ticehurst

To find out more about becoming a member call 07472 564519 or email hello@thegoodcompanypeople.org

We would love to hear from:

Singers 
Gardeners
Golfers 
Artists 
Bowlers 
Walkers 

DIY enthusiasts 
Crafters 

...and anyone happy to drive our members.

Visit us at:

Crowborough Pop up market 5/10
Health & Wellbeing fair 12/10
Wealden Volunteering fair 12/10

To chat about volunteering call Felicity on 07472 564519 or email felicity@thegoodcompanypeople.org

OCTOBER 2024

Date	Event	Details
1st Oct	<i>The Tuesday LUNCH Club</i>	Music @ Blue Anchor 10.30am - 2.30pm
	<i>The Tuesday ART Club</i>	Studio, Rotherfield 10.30am - 2.30pm Every Tuesday
2nd Oct		Drop In @ Waitrose Cafe 2pm - 4pm
3rd Oct	<i>The Thursday WALKING Club</i>	xxx 2pm - 4pm
5th Oct	<i>The Saturday COMPANY Club</i>	Line Dancing @ Eridge Village Hall 2pm - 4pm
5th Oct	<i>the Good Company People</i>	Pop Up Market @ Crowborough community center 10aam-2pm
8th Oct	<i>The Tuesday LUNCH Club</i>	Quiz @ Blue Anchor 10.30am - 2.20pm
9th Oct	<i>The Wednesday GAMES Club</i>	Crowborough Rugby Club 10.30am - 12.30pm
12th Oct	<i>the Good Company People</i>	Health & Wellbeing fair @ Crowborough Community Center 10.30am-3pm
12th Oct	<i>the Good Company People</i>	Wealden volunteer fair @ Uckfield Civic Centre
14th Oct	<i>The Monday SUPPER Club</i>	Supper Club @ Artful Grocer's Wadhurst 6.30pm-8.30pm

Date	Event	Details
15th Oct	<i>The Tuesday LUNCH Club</i>	Seated Exercise @Blue Anchor 10.30-2.30pm
16th Oct	<i>The Wednesday SUPPER Club</i>	Singalong @ Blue Anchor 6.30pm - 9pm
17th Oct	<i>The Thursday WALKING Club</i>	xxx 2-4pm
22nd Oct	<i>The Tuesday LUNCH Club</i>	Blue Anchor 10.30am - 2.30pm
29th Oct	<i>The Tuesday LUNCH Club</i>	Dementia Support Team Visit @ Blue Anchor 10.30am - 2.30pm

What about the pop up?

Exciting news for the pharmacy... Chappells is being refitted! This had always been planned for October time, so we will be taking a pause on our temporary high-street home. This gives us time to review the impact of this 'one-stop-shop', as imagined by our Lived Experienced Panel and delivered by our amazing team.

Thank you to all those who have helped, visited, and enjoyed cups of tea!
Watch this space for updates.

Booking is essential for our Clubs and Meet Ups.

Please call 07472 564519 to book your place or email hello@thegoodcompanypeople.org

Please let us know if you would like transport.

